THE OFFICIAL NEWSLETTER OF THE SOUTHPORT NEIGHBORS ASSOCIATION

SOUTHPORT NEIGHBOR

APRIL 2006

VOL. 15, NO. 2

Welcome Spring

Members Wine Tasting Party

Please join us after the community meeting on **April 24th** at Alhambra, **3753 North Southport**, for wine and appetizers. Our hosts are Alhambra, Que Syrah, and Southport Grocery & Café.

\$50 gift certificates from each of these stores will be raffled off. You must be a member to attend. Please join or renew now or at the meeting!

Community Meeting Schedule

SNA will host its Community Meetings:

- April 24th
- July 31st
- October 23rd



Sports Bars vs. Restaurants

What's Happening to Clark Street & Southport?

Please come to the SNA (*Southport Neighbors Association*) community meeting on **April 24th** at 7pm, at the Mercury Theater, **3745 North Southport**. Alderman Schulter, Chairman of the City Council Committee on *license and consumer protection* and Alderman Tunney will be present to discuss:

- How to attract more diverse restaurants to our area?
- Will our restaurants become bars if the new "Pub License Law" is adopted?
- How will the smoking ban affect our restaurants?

Move Over

It's Getting Crowded in Here!

With warmer weather, longer days and the blooming of trees, it also means.....Cubs baseball season!
Returning players: Derrek Lee, Carlos Zambrano, Aramis Ramirez. They'll be joined by new players: Juan Pierre, Bob Howry, Jacques Jones. All make for a very exciting season!

But along with the above exciting roster changes come another set of changes at the *friendly confines*, Wrigley Field:

- 1,800 additional Cubs fans
- A new rooftop ordinance allowing 100s more seating for fans
- 100s of new bar patrons
 These changes equate to a larger increase in the number of people (fans and tourists) coming into our

area. With that come increased concerns about parking and overcrowding, as well as increased noise and disorderly conduct.

The Cubs and the City of Chicago have a *Neighborhood Protection Plan* to alleviate some of the stresses on our neighborhood. For further information, contact the Cubs at **773.404.4175** or on actual game days at **866-4-CPD-TOW**. Or visit their website for other community updates such as the schedule at **www.cubs.com/neighbors**.

1,800 new fans is indeed a large number! And Southport Neighbors wants to assess the impact of the Cubs expansion and *Neighborhood Protection Plan* on our area. We need input from our community! Please let us know of any questions or concerns you may have by contacting us at **info@southportneighbors.com** or by calling **312.458.0762**.

SummerOnSouthport

This summertime event is scheduled for July 22nd and 23rd, featuring a *Children's Festival*. We'll need vol-

unteers for a variety of tasks. Also, unique artisans interested in exhibiting, should contact us for booth space at: president@southportneighbors.com

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NEIGHBORHOOD HAPPENINGS

About Those Notices for Zoning Change

Have you received a written notice in the mail concerning a change in zoning near you? Or a notice of a liquor license expansion? Or have you maybe walked by a building where such a notice is posted? If so, and you have questions or concerns, please contact **info@southportneighbors.com**. Then our *Planning and Development Committee* can review the matter to see whether the proposed change is a positive and not a detrimental one for our neighborhood.

Please Join Us!!!

Membership in *Southport Neighbors Association* (SNA) helps keep you involved in our community! Members will receive The Southport Neighbor newsletter via email (our preferred method to keep costs down) or US mail, as well as regular updates via email concerning local issues, police alerts, and events (such as our April wine tasting party). Members within our boundaries may serve on the SNA board and/or vote in our annual election.

Please fill out the membership form on the back page and start enjoying the benefits of being involved in your neighborhood right away!

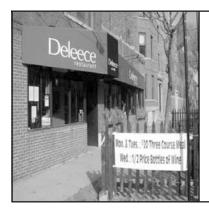
About this newsletter

We at SNA wish to thank Larry Roth (a Lakeview resident) of Larry's World of **Design** for volunteering his editorial and design "know-how" in creating this periodical. For your print projects, contact him at **773.880.0182** or **liroth@flash.net**.

A Special Thanks to 3 local businesses

Alhambra ■ Que Syrah ■ Southport Grocery & Cafe for their generosity in hosting the SNA April 24th Wine Tasting Party. (see page 1)

ADVERTISEMENTS



Deleece Restaurant

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A warm, friendly serving of eclectic American cuisine

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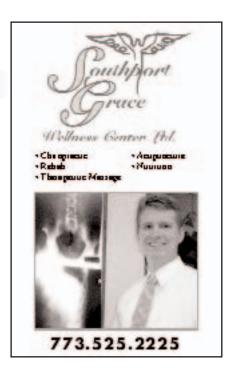
www.deleece.com

Election Notice

The following candidates are slated for election to the Southport Neighbors Board:

- Sally McPherrin
- Lisa Santos
- Davida Capra
- Lisa Iverson

Biographical information is on view in the SNA kiosk at the southwest corner of Waveland at Southport.



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NEIGHBORHOOD HAPPENINGS

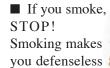
Allergies Got You Down?

Itchy eyes, runny nose, sinus pressure, sneezing and coughing can be symptoms of environmental allergies. Also known as seasonal allergies, hay fever, or allergic rhinitis, environmental allergies are typically identified with the above symptoms and are your body's reaction, or better stated, overreaction (histamine response) to airborne particles that we inhale with each breath.

Alternative therapies offer an excellent non-drug solution to environmental allergies. Try these tips for an allergy-free spring!

- Create an allergen-free environment
- Wash sheets and pillowcases weekly in hot water
- Eliminate carpeting and/or vacuum regularly
- Use a HEPA air filter
- Reduce intake of proinflammatory foods: such as, s

inflammatory foods; such as, saturated fats, refined foods, alcohol, etc.



you defenseless against environmental allergens and complicates nearly any health condition.

■ Increase your intake of anti-inflammatory foods such as raw fruits and vegetables, fish, and whole grains.

■ Drink plenty of water—dehydration can make the response to histamine more intense.

SUPPLEMENT WITH VITAMINS:

- Vitamin C 1000mg 4x/day (impacts histamine release)**
- Vitamin E 400 IU/day (promotes proper immune response)
- Vitamin A 10,000 IU/day**
- Vitamin B Complex
- And the following supplements:
- Quercetin, curcuma, and nettles are all natural antihistamines

- Echinacea and Goldenseal support healthy immune function
- EPA/DHA cold fish oil 3g/day (natural anti-inflammatory action reduces histamine response as well as prevention of other ailments like heart disease, cancer, Alzheimer's, etc.)*
- Drink 2-3 cups of green tea/day (theophylline produces bronchodialation)**
- Use steam inhalation in the morning and evening to prevent sinus infection and to soothe irritated nasal and bronchial tissues.
- Acupuncture, chiropractic manipulation, and massage help to promote lymphatic drainage as well as proper nervous and immune system function.

*Always consult a physician about your health.

**Pregnant or lactating mothers should avoid high doses of vitamin A and C and should avoid excess caffeine.

This article was written by Christopher C. Wolcott, D.C., F.I.A.M.A., at the Southport Grace Wellness Center, Ltd.

SNA Develops a Retail Committee

Over the past year, the Southport Neighbors Association (SNA) has been working on developing a Retail Committee whose mission is to help positively maintain and grow the diverse retail, dining and entertainment establishments within the SNA boundaries. The Committee's mission is to also provide guidance and direction into the needs and desires of the residents of Lakeview, and to ensure a unique and economically viable, pedestrian friendly commercial district. In order to achieve its mission, the Retail Committee would need to be a conduit between the property owners, businesses, Aldermen and the Chamber of Commerce. During the past several months, the Retail Committee has be-gun to do just that by meeting regularly with Ald. Tunney, Lakeview Cham-ber of Commerce, an area real estate broker and a local business owner.

The group has met a few times this year and has addressed a number of items, one of which was the proposed Jewel-Osco store's remodeling. Unfortunately, with the recent purchase of Albertson's (Jewel-Osco stores par-

ent company) by Super-Valu, the remodeling plans have been suspended. The *Retail* Committee will continue to keep tabs on the new owner's remodeling plans and hopes to participate in the development of those plans. A success story for our Southport retail

(albeit, outside of the SNA boundaries) that was announced at one of our *Retail*

Committee meetings is the arrival of an Anthopologie store in the former Carpet One space. This will be an addition to our shopping district that will further enhance the retail offerings and brings a national brand name to Southport!

The Retail group meets every six

weeks or so in the Alderman's office. Any retailer, financial institution, or commercial properties owner or realtor is invited to attend. If you are interested attending, please contact Southport Neighbors 312.458.0762 and ask to speak to a SNA Retail Committee member

for details on upcoming meetings.



A Word From Your Elected Officials

We made it through another Chicago winter, although it wasn't so bad. Now we can start looking forward to sidewalk cafes (which can begin March 1st), the Cubs Baseball Season (first home game is April 7th), street fests and other events that make spring and summer in Chicago awesome.

SUMMER FESTIVAL SEASON

All of the regular 2-day festivals are returning to Lakeview and our office is processing applications for block parties around the ward. The Cubs Charities "Race to Wrigley" 5K run is set for April 15th from 8am-10am on several streets surrounding the ballpark to the north.

Chicago will host Gay Games VII from July 15-22 of which our ward will play host to the sailing competition at Belmont Harbor, the marathon event along the lakefront path, and closing ceremonies at Wrigley Field. We are proud to join the rest of the city in welcoming over 12,000 athletes and 20,000 spectators to our beautiful part of the city.

GREEN ENVIRONMENT

We continue to push for the use of bicycles as the alternative to gas guzzling cars. New for 2006, the city installed several new directional signs marking bike paths and distances. Also, bike lanes will be installed on Clark Street from Diversey to Irving Park Road. Bike the Drive is scheduled for May 28th. As in previous vears, Lake Shore Drive will be closed to cars from 5am-10am.

A priority for our office is to improve and add greenspace. This summer, improvements will be made to the playground of Belmont Harbor at Roscoe. New campus parks are slated for Blaine and LeMoyne Inter-American Magnet Schools.

Additionally, we have been working closely with the Bureau of Forestry to replace dead trees and add new ones to several locations in the ward. An extensive tree trimming took place this past winter to help ensure the health of our mature trees and improve the public safety on our streets.

CRIME AND PUBLIC SAFETY

My office remains focused on deterring and preventing crime in the neighborhoods. This season we have worked closely with businesses and community groups to address hot spots and incidents. We encourage all residents to become active in the CAPS (Community Alternative Policing Strategy) beat meetings and to get to know the officers patrolling your streets. A complete listing of beats and meeting times can be found on the website www.44thward.org.

OUR SENIOR CITIZENS

The 44th Ward Senior Advisory Council continues to bring information and resources to seniors in the ward through its representatives. The council is currently placing seniors in tutoring positions in our ward's schools. If you are or know of a senior who is interested in helping in the schools, contact Christine Brown, 44th Ward Senior Services Coordinator. This year's Senior Resource Fair will be July 13th, held at Illinois Masonic Hospital.

PARKING PERMITS

Cubs Night Game Parking Permits have been mailed by the Department of Revenue. Residents whom have not received parking permits in the mail or are new to the community may pick them up at my service office, 1057 W. **Belmont**. In order to obtain permits, please provide the following information: Proof of Residence, Photo ID and Chicago Vehicle Sticker Receipt. Eligible residents will receive 1 Annual Sticker + 2 Single Game Guest Passes.

CITY AND RESIDENTIAL STICKERS

The City Clerk will be selling City of Chicago Vehicle Stickers and Residential Parking Permits in our service office on June 5th, June 20th and July 5th from 9am-6pm. City Stickers, Residential Parking Permits

Fall/Winter Office Hours

April — October of 2006

Monday-Thursday 8am-7pm Friday 8am-5pm 8am-noon Saturday

and Guest Passes will expire on June **30, 2006**. Please be sure to stop by and pick up your new stickers on one of these dates. Please note: The City Clerk close the facility at 5401 N. Elston. A new facility will be opening April 3rd at 5430 W. Gale Street (near Lawrence & Milwaukee).

The 2006 Street Cleaning Schedule has been posted on our website **44thward.org**. Check it regularly to avoid unneccessary parking tickets. You may also contact the Department of Streets & Sanitation at 312.744.5028.

UNDER CONSTRUCTION

With the mild winter, construction didn't slowed down much, but spring does usually bring with it more construction work, both private and public. If you have any questions or concerns about construction projects, please feel free to contact our office.

The CTA is well underway with the Brown Line Reconstruction project. They have begun some station closures in other wards and have begun working on the Belmont Station. The Diversey, Wellington and Southport Stations are scheduled for some closures during their rehabilitation, but that isn't anticipated before late summer or early fall. Our office continues to meet with the CTA, other elected officials and the community through the monthly Brown Line Task Force meetings. For further details, contact our office or go to

www.ctabrownline.com.

The Department of Transportation has replaced about 250 faded or damaged signs throughout our ward. Numerous crosswalks have been repainted with more as the weather improves. Residents interested in having their sidewalks replaced should contact our office to participate in the Shared-Cost Sidewalk Program.

continued on page 5

Ald. Tunney . continued from page 4

THE CDDC

The Community Directed
Development Council continues to
meet monthly to discuss ongoing zoning and development issues and to
continue to develop the 44th Ward
Master Plan, which should be released
soon. For more information on the
CDDC, visit www.44thward.org or
attend an upcoming CDDC meeting

on April 26th or May 24th at 6:30pm at Ann Sather on Belmont.

MY OFFICE SERVES YOU

As always, visit my ward office at **1057 West Belmont** or call a staff member at **773.525.6034**.

Alicia Obando—zoning, development, CTA, dogs and legislation.

Bennett Lawson—community issues, special events, schools, parks, police, businesses and LGBT matters.

Denise Poelstrel—infrastructure issues and schedules my appointments. Reach us online at www.44thward.org or at ttunney@cityofchicago.org.

Alderman Schulter's 47th Ward Update

Every year we co-sponsor, with Mayor Daley, the *Annual Spring Clean and Green*. On Saturday, May 13th, community groups and residents will take to the streets to clean up the ward and maintain the community and private gardens. All residents are strongly encouraged to participate. Please call my office for information.

Please be prepared for april 9th, the first CUBS night baseball game. If

you live in the 47th Ward and your street requires an LV2 *Cubs Night Baseball Parking Permit*, make sure you visit the 47th Ward Public Service Office, **4237 North Lincoln Avenue**, before the big game. LV-2 permits should be available the first week in April. You will need proof of residency, driver's license number, license plate number and your city sticker number.

Contact my office at **773.348.8400**. Up-to-date information and community links are available on my website at **www.ward47.com**. You can register your e-mail address on my website or by e-mailing me at:

ward47@cityofchicago.org.

47th Ward Office Hours Monday–Friday 9am–5pm Wednesday Evenings 7pm–9pm Saturday 9am–noon

Call 3-1-1 for City Services

311 City Services provide a link for information and help.

CALL 311 FOR:

- City Services requests such as:
 - Animal control problems (stray dogs; alley rats)
 - Abandoned vehicles
 - Potholes
 - Street lights
- Date and time of a CAPS meeting
- Mayor's Speakers Bureau requests
- Special event information
- Situations that do not require an immediate police response
- Filing a police report
- Property crimes that are no longer in progress, such as vandalism, thefts, graffiti, and stolen vehicles

CAPS MEETINGS

Chicago Alternative Policing Strategy

Meet the officers who patrol your beat. Work with your beat officers and your neighbors to determine the priority crime problems in your neighborhood. Find out what the police are doing — and what you can do — to fight crime and address the priority problems on your block and your beat. Meet your neighbors and get organized. You can do all of these, and more, at your beat community meeting.

Beat community meetings are hosted by the Police Department and are chaired by a police officer who is a member of the beat team. A member of the community, often called a beat facilitator, may co-chair the meeting and assist in establishing the agenda.

Beat community meetings are an important first step in the CAPS prob-

lem-solving process on your beat. The meetings provide you with the opportunity to help set the crime-fighting priorities in your community — to work with your beat officers in identifying and prioritizing crime and disorder problems, in analyzing those problems, and in developing strategies to address them.

Information from the beat community meeting is used by the beat team in creating the beat plan —a tool that helps police officers and the community keeps track of the priority problems on the beat and the progress made in addressing those problems.

See the related article on page 6, for a report on the March 2006 CAPS meeting.

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PLANNING + DEVELOPMENT

Alderman Tunney's Community



Directed Development Council (CDDC) has been meeting monthly to develop a strategic plan for the 44th Ward. The Council is in the final stages of preparing a draft strategic plan which will then be submitted to the entire Lakeview Community for review and approval.

The CDDC also serves as the Alderman's forum to announce significant development in the ward. Recently, the Alderman announced that the Wrigley Rooftop Ordinance passed the City Council with 3 amendments added. The ordinance itself allows the rooftop owners surrounding Wrigley Field to expand the height of their buildings to 61 feet if the property is located from Kenmore to the right field pole, and 63 feet if it's located outside of the foul lines. The ordinance does preserve the existing façades while requiring significant upgrades for those that add on to bring their buildings up to acceptable safety standards. At present, there are 13 rooftop venues, with two more to be developed. Ald. Tunney reported

that due to the cost, many may not expand but at least 5 of the buildings will definitely build up which adds at least 300-500 additional fans on top of 1,800 new bleacher seats. SNA has expressed concern that this is piling on to problems residents already face with scarce parking, drunken disorderly conduct, and public safety.

Another announced large scale project in our area is the property at Clark and Belmont and the St. Luke's property at Greenview and Melrose. Centrum Properties (perhaps in conjunction with LaSalle Bank) proposes to build a mixed use project with two floors of retail space and another five floors of residential space for a total of seven stories. The structure at its highest point will be 85 feet tall. The development calls for 400 parking spaces. The development will include a drive thru for LaSalle bank with the lanes exiting out onto Melrose. This development is similar in scale to the development on the south side of North Avenue near Sheffield that includes the Crunch Gym, California Pizza Kitchen and Jamba Juice. The obvious concern for residents is the traffic and congestion this will create

for Belmont, Lincoln and Ashland which already experiences heavy traffic. Before the project develops further, a traffic study is to be performed. As a separate project, Saint Luke's proposes to build a senior supported living center with (over 100?) rooms and 138 parking spaces. The building will have five floors with the fifth floor recessed from the fourth floor.

Finally, Ald. Tunney is again review-ing the impact of the 2004 Chicago Zoning Code on all neighborhoods in the ward to determine if it meets the needs of the community or if rezoning is needed. While there are still overdevelopment issues, in our area, with loss of green space, breezeways and the teardown of one beautiful greystone, the new Zoning Code appears to be working in the SNA area. However, SNA plans to reconvene its Preservation Committee to study the need to further protect the CDDC meetings are held on the 4th Wednesday of every month. Minutes are posted on the 44th Ward website at www.44thward.org. You may also contact us with your questions, concerns or comments at **312.458.0762** or info@southportneighbors.com.

March CAPS Meeting

CAPS is the *Chicago Alternative Policing Strategy*. Every other month a group of police officers that serves your neighborhood meets with the community to provide information and answer questions regarding your safety. BEAT #1923 includes the area bordered by Damen, Clark, Berteau and Cornelia.

At the most recent meeting on March 14th, a number of residents from the 1800 block of Warner attended to bring attention to a number of crimes that have occurred in their neighborhood. Although seemingly unrelated, neighbors reported a rash of thefts ranging from kid's bikes to packages left on porches and even a house burglary. The police officers

emphasized the importance of reporting all crimes, no matter how petty. By reporting crimes, police can identify patterns and affected areas, and then increase their patrol of these areas. The officers also stressed the importance of registering bikes, stereo equipment and laptops. Registered items can often be recovered through pawnshops. Given the large number of 1800 Warner residents present at the meeting, the police officers committed to pay particular attention to their block in the upcoming weeks.

There are plans to have

a special presentation on Theft Prevention at the next CAPS meeting in May. Please try to attend these meetings and help inform the police officers what is happening in your

neighborhood! CAPS meetings are held at 4100 N. Greenview (Lakeshore Baptist Church, north of Lakeview H. S.) at 7pm on the second Tuesday of the month. They generally last less than one hour. Our District Community Policing Office number is **312.744.5574**.

This is a wonderful opportunity to voice your concerns about safety in your neighborhood.

Save These Dates

May 9th September 12th
July 11th November 14th

New Businesses in our Neighborhood

A Note to New Businesses:

If your new business has opened in the last 3 months and has not appeared in the newsletter, please pardon the oversight!

Let us know who you are and we will spread the word and add you to the list in our next newsletter.

As a new feature, we can now include your logo with your listing. Welcome to our new shops!

Attention Business Owners:

Note that advertising oppor-tunities are available to you.

Please contact Kelly Lawrence at **312.458.0762** for more information.

Ethel's Chocolate Lounge

3404 N. Southport

773.525.1568

"A new place to chocolate and

chitchat." Choose from over 30 variations of chocolate to have with your coffee or tea. Great for private parties.



3417 N. Southport **773.472.5300**

Owner Joe Di Venere has completely revamped the old 'Red Tomato' into a new updated lounge with a sophisticated atmosphere. Menu items range from snacks and appetizers to salads and 'substantial sandwiches'.

Bobtail Ice Cream and Coffee Company

3425 N. Southport **773.248.6104**

Ice cream made fresh by a real soda jerk and if that's not enough try the gourmet coffees, loose-leaf teas, baked

BOBTAIL grid sim in town.

goods and classic grilled cheese... simply the tastiest

also, word on the street:

The **UPS** store moved to 3501 N. Southport. The old UPS, along with Home Carpet Warehouse space is the future site of **Anthropologie**.

Anthropologie offers women's clothing and decorative home items inpired by other cultures, travel, flea market finds and antiques with careful attention to craftmenship, the small details, and that certain something special. The Grand Opening is anticipated for Spring of 2007.

ADVERTISEMENTS

Considering buying or selling a home?

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